

ROLANDE KIROUAC

WHEN YOU SMILE YOUR WORLD CHANGES!

Spadrole is a business dedicated to getting breakthrough results for high-performing individuals, companies and associations. We believe that leaders who dare to dream and implement real changes create a contagious environment, one that leads to healthy, satisfied, high-achieving teams—an inspired workforce! Creative thinking skyrockets. Cooperation soars. Job satisfaction goes through the roof!

To celebrate its first anniversary, Spadrole launched HA!, a 70-minute Spontaneous Laughter Workout CD. It is an easy-to-follow, interactive experience to accessing your inexhaustible power source of laughter.

Rolande Kirouac, president of Spadrole, co-authored Leadership Gurus Speak Out! and contributed a chapter with a unique approach to transformational change for individuals and organizations.

Spadrole provides unique consulting packages, dynamite keynotes, unforgettable interactive workshops and life-changing retreats.

KEYNOTE TOPICS

Dare to Dream

Make fundamental life changes today.

Discover the best-kept secret to getting the life you want and becoming the leader you were born to be. Since change is inevitable, why not make it easy and lighten up on the drama. Learn the simple way to profoundly change your own world and develop your own powerful formula for sustained connections, energy, focus, forgiveness and harmony!

Benefits

- Trust, forgive and be good to yourself
- Get rid of stubborn habits
- Discover skills that can ease your way through difficult transitions
- Incorporate the 5-Step Program to Feeling Good into your life
- Design your personal strategic plan and make real change happen

Leading with Laughter

When you smile your world changes! When you laugh your troubles disappear, your problems vanish!

As leaders, we all need to increase the laughter in our lives so that we can weather life's challenging moments and put everything in perspective. The power of laughter is being rediscovered, particularly in the workplace. It's an innovative way to combat stress, dramatically improve morale, and significantly increase camaraderie and motivation.

Benefits

- Adopt innovative ways to promote healthy environments
- Implement strategies to get through difficult times
- Develop appropriate laughter in the workplace
- Build strong relationships that nurture you
- Find the key to a healthy and productive life.



Meet Rolande

How difficult can it be? That's Rolande Kirouac's mantra and the common thread in her seminars designed to help workforces implement changes and achieve maximum productivity!

As an author, innovator and proud member of the Canadian Association of Professional Speakers, Rolande has trained dozens of leaders about the health benefits of dreaming big and creating a dynamic game plan to make things happen.

She is bilingual and gives talks in both official languages. Her seminars and keynotes in change management, leadership development and team building help organizations become more effective and efficient.

She lightens a room with her careful attention to individual needs, her constant smile and her "at-the-ready" energy. Rolande connects with her whole self. She is unique because she inspires change—even when some of us refuse to move forward!

It's just good business!

SPADROLE

ROLANDE KIROUAC

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“Rolande’s presentations allow groups to put aside the thorny issues for awhile, allowing them some time to just be human—to relax, to enjoy one another and to focus on the ‘good’ in others.”

– **Rhonda Lorch**, *Lorch and Associates*

THERE’S MORE

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CLIENTS

Red River Valley School Division, Manitoba
Canadian Association of Provincial Court Judges
Judicial Services Training, Winnipeg
Encore Business Solutions Inc., Winnipeg
Addictions Foundation of Manitoba
Gesundheit Institute, West Virginia
The Manitoba Teachers Society
Speech Pathologists,
Child Guidance Clinic, Winnipeg
St. Paul’s College, Winnipeg
Province of Manitoba Advanced Education Training
EISI-NaviPlan & Profiles Software, Winnipeg
The University of Manitoba
Riverview Health Centre, Winnipeg
Manitoba Hydro
Public Health Agency of Canada
St. Amant Conference—Developmental Disabilities and Autism, Manitoba
Canada Public Service Agency - Agence de la fonction publique du Canada
Association of Records Managers and Administrators, Canada
Parks Canada
Manitoba Federal Communications Council
City of Winnipeg – Water & Waste Department
Éducatrices et Éducateurs francophones du Manitoba
École Lagimodière, Lorette, Manitoba
Fédération des aînés de la Saskatchewan, Moose Jaw Saskatchewan
Conseil scolaire du Nord-Ouest No.1, Peace River, Alberta



WHEN TO CALL ROLANDE

For any meeting where you want to create an environment that energizes and engages people. Create a dynamic opening keynote; an after-lunch or mid-conference raise-the-roof energizer; or a powerful, send-them-home-with-a-bang closing session. Participants will have lasting benefits and tools for managing life’s ups and downs.

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